

JUNE

June is PTSD Awareness Month

SPREAD THE WORD | RAISE AWARENESS

FOR HEALTH CARE PROVIDERS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Make the pledge to raise PTSD Awareness	2 Listen and subscribe to the PTSD Bytes podcast	3 Step Up and register for our Virtual Walk	4 Learn about using mobile apps with clients at Tech into Care	5 Plan a PTSD Awareness presentation with our customizable slide deck	6 Learn how the PTSD Consultation Program can help you	7 Order free booklets, posters and other PTSD materials for your clinic
8 Share AboutFace videos with your clients	9 Learn more about best practices for PTSD treatment	10 Explore our PTSD Treatment Decision Aid	11 Stay current with our free, online Continuing Education courses	12 Join our Tech into Care Lecture Series webinar today	13 Subscribe to the PTSD Update for the latest news	14 Show clients our animated whiteboard videos
15 Support learning with our patient education materials	16 Use Stress First Aid : Text a coworker to check in	17 Learn about our PTSD assessment measures	18 Manage your well-being with our Provider Self-Care Toolkit	19 Juneteenth Learn ways to support clients facing racial trauma	20 Follow us on X and retweet #PTSDAwareness	21 Subscribe to the PTSD Consultation Program Newsletter
22 Subscribe to our YouTube channel	23 Share the Community Provider Toolkit with a non-VA colleague	24 Search our PTSDpubs article database	25 Explore our clinical trials database: PTSD-Repository	26 Plan a training using PTSD Awareness in Health Care Settings	27 PTSD Screening Day Join our campaign	28 Visit our en Español website for Spanish-speaking clients
29 Subscribe to our e-newsletters	30 Explore our website to stay up-to-date about PTSD					

THANK YOU FOR
HELPING SPREAD
THE WORD ABOUT
PTSD
AND EFFECTIVE
TREATMENTS
WWW.PTSD.VA.GOV